



THE FROG LAKE BLUEPRINT

Hans McCarthy's Guaranteed Path
to Nation Strength and Prosperity

BY HANS MCCARTHY

Introduction

Frog Lake is a powerful Nation. Our land is rich. Our people are strong. Our history is deep. Our ancestors survived everything that was thrown at them so we could stand here today. But even with all this strength, our community has struggled for far too long. Not because we are weak, not because we are poor, and not because we lack talent or intelligence. Frog Lake has struggled because the systems running our Nation were never built by us.

For decades, we were forced to live under leadership structures, rules, and policies that were designed to control us, not empower us. And as a result, we see the same problems repeating again and again—corruption, secrecy, bad decisions, lost money, broken trust, and a community that feels divided and left out. This book is written for one reason: **to show Frog Lake the guaranteed way to rebuild our Nation and take full control of our future.**

Everything in this guide is based on real systems that work. Not theories. Not wishes. Not “maybe if we try.” These chapters are built on proven methods used by strong Indigenous Nations across the world. Nations that broke free from colonial-style systems, rebuilt their governments, took control of their economies, and became successful, wealthy, and united. If they can do it, so can Frog Lake—100 percent.

This book gives a simple, clear blueprint that any band member can understand. It explains the steps we must take to fix our governance, rebuild trust, control our wealth, protect our information, and create strong leadership that actually serves the people. It shows how we build programs that work, how we protect land and money, how we give youth real opportunities, and how we make sure Frog Lake grows stronger every year.

Most importantly, this book places the power back where it belongs: **in the hands of the people.**

If we want Frog Lake to rise, then every band member—on-reserve and off-reserve—must be respected, included, and informed. This blueprint is not about giving power to one person, one council, or one group. It is about giving power back to the Nation. When the people lead with truth, unity, and strong systems, no one can stop the Nation from moving forward.

This introduction marks the beginning of a new path. A path where Frog Lake finally breaks the cycle of corruption. A path where our wealth stays in our community. A path where leadership is honest, programs actually work, and every band member has the chance to build a good life.

This book is not just ideas—it is a guaranteed plan.

A plan based on truth.

A plan based on strength.

A plan based on the belief that Frog Lake deserves better.

And we will build that better future together.

Table of Contents

Chapter One — Building Trust First

Chapter Two — Building Strong Systems

Chapter Three — Taking Control of Our Wealth

Chapter Four — Owning Our Information

Chapter Five — Strengthening Our People

Chapter Six — Real Leadership

Chapter Seven — Economic Independence

Chapter Eight — Writing Our Own Constitution

Chapter Nine — Building Political Power

Chapter Ten — A Frog Lake That Can Never Fall Again

Chapter One: Building Trust First – The Foundation of a Strong Frog Lake

From The Frog Lake Blueprint: Hans McCarthy's Guaranteed Path to Nation Strength and Prosperity

Everything starts with trust. If the people don't trust the leadership, then nothing works. It doesn't matter how many meetings happen, how many promises get made, or how many papers get signed. A Nation only becomes strong when the people feel respected, heard, and treated like they matter. That's why building trust is the first and most important step for rebuilding Frog Lake.

For too long, Frog Lake has been run by a system that wasn't built by our people. It was pushed onto us, and it doesn't match how our ancestors led. The result is what we see today—confusion, secrecy, and leaders who act like they don't have to answer to the community. When leaders don't have the people's trust, corruption grows, and the Nation becomes weaker. Band members end up feeling ignored, powerless, and divided.

This chapter teaches one simple truth: leadership must come from the people, not over the people. Real leadership is not about positions or titles. It's about earning trust every single day by being honest, transparent, fair, and consistent. When the people have confidence in their leaders, everything becomes easier—planning, building, developing land, fixing problems, and creating new opportunities.

For Frog Lake to rise, we need a leadership system that our community approves, understands, and believes in. That means no more hiding information, no more closed-door decisions, and no more treating band members like they are the problem. It also means giving every band member—on-reserve and off-reserve—an equal voice and equal respect.

When we rebuild trust, we rebuild strength. When we rebuild strength, we rebuild our Nation. And when the people finally feel included, respected, and informed, Frog Lake will start growing again. This is how we build a Nation that stands tall—by building trust first, and making sure our government answers to the people, every single time.

Chapter Two: Building Strong Systems – So Frog Lake Never Falls Apart Again

From The Frog Lake Blueprint: Hans McCarthy's Guaranteed Path to Nation Strength and Prosperity

Once trust is built, the next step is creating strong systems—real structures that protect our Nation, even when leaders change. Right now, Frog Lake runs on weak systems that were handed to us, not designed by us. That's why everything feels unstable. One council changes, another comes in, and nothing improves. Big problems get ignored. Money disappears. People are left guessing what is happening.

This chapter explains something simple but powerful: strong Nations are built on strong systems, not on whoever happens to be in leadership. When your systems are strong, they protect the people, your money, your land, your future, and your children's future.

Strong systems include things like:

- clear rules that everyone follows
- financial reporting that anyone can see
- boards that protect the Nation's money
- election rules the people approve
- land management that benefits everyone
- community programs that actually help families

These are not just “government things.” These are the foundations that stop corruption, stop confusion, and stop people from being taken advantage of.

Right now, Frog Lake has weak systems. The chief and council can make big decisions without the people knowing. Money can move around without explanation. Band members feel like they're always in the dark. That's why things fall apart so easily—because the structure is weak.

But we can change all of this.

With strong systems built by the people, we can make sure leaders can't hide information, can't avoid responsibility, and can't use the Nation's resources like their own personal bank. Strong systems force fairness. They force honesty. They force accountability. And they make it impossible for corruption to survive.

Strong systems also make it easier to grow. When your government is steady and organized, businesses want to work with you, investors trust you, and programs succeed. Opportunities grow instead of dying before they start.

This chapter is about turning Frog Lake from a Nation held together by temporary fixes into a Nation built on solid foundations. When our systems are strong and created by us, for us, Frog Lake becomes unbreakable. And once we reach that point, no outside pressure, no corrupt leader, and no political games can stop our Nation from rising.

Chapter Three: Taking Control of Our Wealth – Making Frog Lake Rich for Real

*From **The Frog Lake Blueprint: Hans McCarthy's Guaranteed Path to Nation Strength and Prosperity***

If there is one thing every band member deserves to know, it's this: **Frog Lake is not poor.** The land is rich. The resources are rich. The community should be rich. The only reason we are not living better today is because our Nation has been set up to lose most of its wealth before it even reaches our people.

This chapter is about fixing that permanently.

Right now, Frog Lake keeps only a small piece of our own resource money, while outside companies, partners, and industry take the largest bite. Every year, more than a hundred million dollars slips away from Frog Lake into the pockets of others. That is money that could be building homes, supporting families, creating jobs, and shaping a future where no band member ever has to struggle again.

To change this, we must do something simple:
take full control of our economic power.

This means building the systems that other strong Nations use—systems that protect their land, capture their revenue, and grow their wealth instead of watching it disappear. When we control our own economy, we control our own future. The problem isn't the land or the resources. The problem is the weak structure managing those resources.

Here is how we fix it:

- We build our own economic institutions that don't answer to industry—only to the people.
- We negotiate as owners, not as desperate partners.
- We bring in independent experts who protect our interests, not their careers.
- We demand transparency in every deal, contract, and agreement.
- We make sure our Nation keeps the majority of the wealth created on our land.

This isn't dreaming. This is strategy. Other Nations have already done it, and they became some of the richest Indigenous communities in the country. Frog Lake can do the same, but only if we take back control of every decision involving our money.

This chapter is about ending the cycle where millions vanish and band members are left wondering what happened. It's about building a future where our people are secure, our programs are strong, and our Nation grows wealth every year—not loses it.

When we take control of our wealth, we take control of our destiny. And the moment Frog Lake owns its full economic power, the path to prosperity becomes guaranteed—not just for today, but for every generation that comes after us.

Chapter Four: Owning Our Information – Why Transparency Is Power for Frog Lake

From The Frog Lake Blueprint: Hans McCarthy's Guaranteed Path to Nation Strength and Prosperity

If money is the body of a Nation, then information is the mind. A Nation cannot move forward, think clearly, or protect itself when the people are kept in the dark. That has been Frog Lake's biggest weakness for years. Important documents get hidden. Financial records disappear. Decisions get made without the community knowing. This chapter explains something powerful: **the Nation that controls its own information controls its own future.**

Right now, the main reason corruption survives in Frog Lake is because leadership hides information. When the people don't see the numbers, don't know the deals, and don't hear the truth, leadership can act without accountability. Information becomes a weapon. That is not how a strong Nation operates.

Transparency is not scary. Transparency is strength.

When band members can see what's happening, corruption dies. Waste dies. Bad decisions die. Everything starts to improve because the truth is finally open for everyone to see.

This chapter teaches that Frog Lake must own:

- our own financial documents
- our own audits
- our own membership information
- our own land maps
- our own contracts
- our own program records
- our own data systems

Every strong Indigenous Nation in North America has something in common: they protect their data like it's gold. Because it is.

When a Nation owns its data, it can plan better, negotiate better, build better programs, and make decisions based on facts—not politics or rumours. It also means band members don't have to beg leadership for documents. The documents belong to *you*—the people.

This is why your court victory mattered so much. It forced transparency back into Frog Lake. It proved that leadership was hiding information they were legally required to share. And it set a new standard: if Frog Lake wants to be strong, the people must always have access to the truth.

This chapter is simple but powerful.

Information equals power. Transparency equals protection. Data equals freedom.

Once Frog Lake takes full control of its information and makes everything open to the people, corruption cannot return. Leaders will think twice before making shady decisions. Band members will finally understand where every dollar goes. And the community will move forward with clear vision, not confusion.

When we own our information, we rebuild the mind of the Nation. And once the mind is strong, the whole Nation becomes unstoppable.

Chapter Five: Strengthening Our People – Rebuilding the Heart of Frog Lake

From The Frog Lake Blueprint: Hans McCarthy's Guaranteed Path to Nation Strength and Prosperity

A Nation is only as strong as its people. When families are supported, when youth have opportunities, when Elders are respected, and when community systems actually work, the whole Nation grows. But when the social side is weak—when programs fail, when people don't get help, when everyone feels forgotten—everything collapses. This chapter focuses on rebuilding the heart of Frog Lake: the people.

Right now, too many band members feel left out, unsupported, or mistreated. Families need real programs. Youth need real opportunities. Elders need real respect and care. Instead, we see systems that barely function, staff who are not trained properly, and programs that don't meet the needs of our community. That is not a Nation problem—it is a leadership problem.

But we can fix it.

This chapter explains that strong social systems are not luxuries—they are the foundation of a healthy Nation. We need the right structures to make sure every band member has the chance to succeed, feel safe, and live with dignity. This means:

- programs based on community needs, not politics
- youth opportunities that prepare them for real futures
- stronger health, healing, and support services
- systems for Elders that honour them, not ignore them
- fair treatment of all band members, on-reserve and off-reserve
- community centers and activities that build connection
- hiring people based on skill, not relationships

When these social systems are strong, everything else becomes easier—education, health, jobs, safety, and community pride. But when they are weak, people lose hope and feel like the Nation doesn't care. Frog Lake deserves better than that. Our children deserve better. Our Elders deserve better. Every band member deserves better.

Rebuilding Frog Lake means rebuilding our people. When our families are strong, when our youth are guided, when our Elders are supported, and when programs serve the whole community, we grow stronger than any challenge put in front of us. This chapter is about bringing the heart back into Frog Lake—so every person feels included, respected, and valued.

Once our people are strong on the inside, everything on the outside—our economy, our governance, our development—will grow even faster. Frog Lake becomes unbreakable when its people rise together.

Chapter Six: Real Leadership – Serving the People, Not Yourself

From The Frog Lake Blueprint: Hans McCarthy's Guaranteed Path to Nation Strength and Prosperity

Leadership is not a title. It's not an office. It's not a paycheck. Real leadership is the everyday work of protecting the people, telling the truth, and building systems that will last long after you're gone. This chapter explains something every band member already knows deep down: **Frog Lake has suffered because leadership has been focused on themselves, not the community.**

For years, we've seen leaders hide information, ignore band members, fight anyone who asks questions, and make decisions without approval. That's not leadership. That's control. A strong Nation cannot grow under weak leaders who act like the people don't matter.

This chapter lays out the kind of leadership Frog Lake needs to rise for sure:

- leadership that listens
- leadership that tells the truth
- leadership that accepts accountability
- leadership that reports to the people
- leadership that puts community over ego
- leadership that protects the future, not just the present

Real leaders don't get scared of transparency—they welcome it. Real leaders don't hide financial records—they publish them. Real leaders don't attack band members for asking questions—they thank them. Real leaders don't block progress—they push it forward. Real leaders don't divide the Nation—they bring everyone together.

A good leader also builds systems that last. That means creating strong boards, transparent finances, clear rules, and programs that continue even if leadership changes. Weak leaders want everything centered around themselves. Strong leaders build institutions so the Nation stands strong even without them.

This chapter also explains that leadership is a responsibility, not a reward. If someone wants the power but not the accountability, then they are not fit to lead. Frog Lake needs leaders who understand that they are caretakers of the Nation, not owners of it.

When we put the right leadership in place—leadership chosen by the people, trusted by the people, and held accountable by the people—the whole Nation begins to rise. Opportunity grows. Money flows correctly. Programs improve. Families get supported. Elders get respected. Youth get opportunities. And the Nation finally moves forward instead of being stuck in the same cycle.

Real leadership is what takes a Nation from surviving to thriving. And when Frog Lake has leaders who truly serve the people, nothing will be able to stop our community from becoming strong, united, and prosperous.

Chapter Seven: Economic Independence – Making Sure Frog Lake Stays Wealthy Forever

From The Frog Lake Blueprint: Hans McCarthy's Guaranteed Path to Nation Strength and Prosperity

A strong Nation needs its own economy. Not borrowed money. Not handouts. Not deals where outside companies take the biggest share while our people get the leftovers. Real independence comes from building an economy that we control—one that keeps wealth inside Frog Lake instead of watching it leak out year after year.

Right now, Frog Lake loses most of the money made on our own land. We have oil, gas, land, businesses, and opportunities, yet most of the profits go to outside companies and partners. Band members are left asking where the money went. This is not because Frog Lake is poor. It's because Frog Lake is giving away its power.

This chapter explains how we change that for good.

The first step is understanding that a Nation becomes truly independent when it stops relying on other governments and companies to survive. That means building our own economic systems—ones that answer to the people, protect the Nation's money, and make sure revenue always flows back into the community.

Economic independence means:

- owning the majority of our resource revenue
- creating Frog Lake-owned companies that actually profit
- building businesses that hire our own people
- training band members for high-level jobs, not just labour positions
- developing strong boards that protect the Nation's money
- building partnerships where Frog Lake controls the terms, not the other way around
- keeping money circulating inside the community instead of leaving it

When Frog Lake controls its economy, we stop being dependent on programs that barely help. We stop begging for accountability. We stop wondering where money went. And we stop letting outside companies take wealth from our land while our people struggle.

This chapter also explains something important: economic independence does *not* happen by accident. It happens because the people decide to demand it. It happens because leaders follow strong rules. It happens because we protect our resources, our money, and our future. And it happens because we stop settling for deals that benefit everyone except the community.

When we build our own economy, we create:

- more housing
- more jobs
- better programs
- stronger families
- more opportunities for youth
- a safer, healthier community
- long-term wealth that grows every year

Economic independence is not just about money. It's about power, dignity, and freedom. When we control our own revenue, no one can use money to manipulate us, silence us, or divide us. We stand on our own feet as a Nation—with strength that cannot be taken away.

This chapter is about teaching Frog Lake that our wealth belongs to us, not to outsiders. And once we take full control of our economic power, Frog Lake becomes a Nation that will always be strong, stable, and prosperous—no matter what challenges come our way.

Chapter Eight: Writing Our Own Rules – Building a New Frog Lake Constitution

*From **The Frog Lake Blueprint: Hans McCarthy’s Guaranteed Path to Nation Strength and Prosperity***

A Nation is only as strong as the rules it lives by. Right now, Frog Lake is still operating under systems that were never created by our people. These rules were handed to us, pushed on us, and forced into our governance. Because of that, our Nation has been stuck in a cycle where leadership can do almost anything without being held accountable. That’s not traditional. That’s not safe. And that’s not how a strong Nation operates.

This chapter focuses on something powerful and necessary: **writing a new Frog Lake constitution, designed by the people, for the people.**

A constitution is not just a document. It is the foundation of the entire Nation. It sets the rules for leadership, elections, finances, land, programs, and every decision made on behalf of the community. When the constitution is weak or colonial, the Nation becomes weak. But when the constitution is strong and built from our values, the Nation becomes powerful.

A new Frog Lake constitution must:

- protect transparency
- limit leadership powers
- create real accountability
- defend financial oversight
- protect land from being mismanaged
- give every band member a fair voice
- guarantee off-reserve members equal rights
- ensure all decisions follow community approval
- place the people above the chief and council, not below them

This is how we break the cycle of corruption. When the rules are strong, leaders cannot change things to benefit themselves. They cannot hide information. They cannot abuse their power. The constitution becomes the shield that protects the Nation—even when leadership changes.

This chapter also reminds band members that a constitution is only legitimate when the people help write it. That means community meetings, discussions, drafts, feedback, and a final vote. Every band member must feel ownership over this document. When the people build the rules, the rules will always protect the people.

Creating our own constitution is not just political work—it is Nation-building work. It is a declaration that Frog Lake is ready to govern itself in a traditional, strong, fair, and accountable

way. This is how we honour our ancestors. This is how we protect our children. This is how we stop repeating the same mistakes from generation to generation.

Once Frog Lake has a constitution written by the people, enforced by the people, and respected by all leadership, our Nation becomes unshakeable. No outside force, no corrupt leader, and no political games can break a Nation built on strong laws that belong to us.

This is how Frog Lake takes full control of its future—by writing the rules ourselves, for the first time in our history as a modern Nation.

Chapter Nine: Standing Strong – Building Real Political Power for Frog Lake

From The Frog Lake Blueprint: Hans McCarthy's Guaranteed Path to Nation Strength and Prosperity

A Nation can have good leaders, strong programs, and even money in the bank, but if it doesn't have political power, other governments will still try to control it. That's what has happened to Frog Lake for generations. Federal departments, provincial governments, companies, and outside agencies have treated us like we don't have a voice—because our internal systems were weak and our leadership wasn't built to negotiate from strength.

This chapter explains how we fix that forever: **by building real political power based on strong systems, truth, unity, and community authority.**

Political power does not come from fear or silence. It comes from:

- knowing our rights
- enforcing our rights
- presenting one strong voice
- standing on truth and transparency
- having solid institutions behind us
- refusing to be pushed around
- showing outside governments that Frog Lake is organized and united

Right now, the reason Frog Lake gets ignored, mistreated, or pressured is because leadership has not built the political strength we need. When our systems are weak, other governments take advantage. When our information is hidden, they treat us like we don't understand our own affairs. When our leadership is divided, others step in and make decisions for us.

But once Frog Lake rebuilds its governance, transparency, economy, and constitution, everything changes. We become a Nation with real negotiating power—one that cannot be tricked, silenced, or intimidated.

Political power means:

- negotiating deals that benefit the community, not companies
- forcing governments to respect our laws
- stopping bad agreements before they happen
- demanding fair treatment from courts and police
- holding industry accountable
- standing equal with other Nations and governments
- defending our land and resources with confidence

Strong Nations across Canada built their power this way. They tightened their governance. They protected their data. They trained smart leaders. They united their people. They showed other governments that they were organized, transparent, and impossible to exploit.

Frog Lake can do the same.

This chapter also explains that political power is not about fighting everyone—it's about being respected. When you are respected, you don't have to fight as much. People come to you honestly. Companies negotiate fairly. Governments follow your rules. Power brings peace, because everyone knows you cannot be pushed around.

Once Frog Lake stands on its own political strength—with strong laws, strong leaders, and a united community—we become a Nation that speaks loudly, thinks clearly, and protects itself fully. No government, no company, and no leadership group can override a Nation that knows its power and uses it wisely.

Political power is how Frog Lake moves from being controlled...
to being in control.

Chapter Ten: The Future We Build – A Frog Lake That Can Never Fall Again

*From **The Frog Lake Blueprint: Hans McCarthy's Guaranteed Path to Nation Strength and Prosperity***

When a Nation rebuilds its trust, its systems, its wealth, its leadership, its constitution, and its political power, something incredible happens: the Nation becomes unshakeable. This final chapter explains how Frog Lake can build a future where our children, grandchildren, and great-grandchildren grow up in a community that is strong, wealthy, safe, organized, and fully in control of its own destiny.

The truth is simple: **Frog Lake's future is not decided by Ottawa, the province, or outsiders. It is decided by us.** When we make strong changes now, we protect every generation that comes after us. That's how Nations survive for hundreds of years—not by luck, but by planning, unity, and structure.

This chapter shows that long-term success is guaranteed when we follow the steps laid out in this blueprint:

- We build trust.
- We build strong systems.
- We control our own wealth.
- We own our information.
- We strengthen our people.
- We choose real leadership.
- We build economic independence.
- We write our own constitution.
- We stand with real political power.

And then—we protect all of it through long-term planning.

Long-term planning means making decisions that will matter 10, 20, 50, and 100 years from now, not just today. It means building homes that will last, economies that will grow, systems that won't collapse when elections change, and a government that always answers to the people. It means training youth for leadership, rebuilding pride in our Nation, and creating a community where nobody struggles alone.

This chapter also reminds us that every great Nation succeeds because it invests in stability. That means:

- yearly audits open to everyone
- long-term economic plans
- community votes on big decisions

- strong enforcement of rules
- no more secrecy
- no more confusion
- no more losing money
- no more leadership acting without accountability

When we protect everything we've rebuilt—our economy, our information, our rights, and our unity—Frog Lake becomes a Nation that cannot be pushed down again. The problems that once controlled us will no longer have power. The divisions that once broke us will no longer win. The corruption that once drained us will never return.

This final chapter is about hope—but not the empty kind. This is the type of hope built on real plans, real systems, and real action. Hope backed by structure becomes certainty. Hope backed by unity becomes strength. Hope backed by long-term planning becomes a legacy.

Frog Lake deserves a future where our people live well, where our wealth stays home, where our youth rise strong, and where leadership serves the people with honesty and pride. And when we follow everything in this blueprint, that future is not a question—it is guaranteed.

This is how Frog Lake becomes a Nation that stands tall forever.

This is how we build a future that cannot be taken away.

This is how we rise together, once and for all.

Call to Action: What Frog Lake Can Do Starting Today

*From **The Frog Lake Blueprint: Hans McCarthy's Guaranteed Path to Nation Strength and Prosperity***

Frog Lake will rise when the people rise together. This blueprint is not just a book — it is a plan for every band member, family, youth, Elder, and future leader. Change doesn't start with the chief and council. It starts with the people who care, the ones who want a better future, the ones who know our Nation deserves more than struggle and confusion.

This Call to Action is simple. These are the steps every band member can take right now to strengthen Frog Lake and protect our future.

1. Ask questions — and don't stop asking

Strong Nations are built by informed people.

If something doesn't feel right, say something.

If a document is missing, ask for it.

If leadership makes a decision, demand the facts.

Your voice is powerful.

Use it.

2. Stand together, not apart

Corruption survives when people are divided.

Strength grows when people unite.

Talk to family, friends, neighbours, and other band members.

Share what you've learned.

Support each other.

Move forward as one Nation, not broken groups.

Unity is our strongest weapon.

3. Learn your rights and teach others

Every band member has the right to:

- financial transparency
- access to documents
- fair treatment
- equal voice
- accountability from leadership

When you know your rights, nobody can take advantage of you.

When you teach others, the whole Nation rises.

4. Protect our land and resources

Our land is our power.

Our resources are our future.

Speak up when decisions are made without community approval.

Demand transparency in deals and contracts.

Stand for economic independence.

When the land is protected, the people are protected.

5. Support truth, honesty, and transparency

Every time you share truth, you strengthen Frog Lake.

Every time you demand honesty, you defend our future.

Every time you push for transparency, you remove the darkness corruption hides in.

Truth is the light that guides our Nation forward.

6. Encourage youth and listen to Elders

Youth carry the future.

Elders carry the memory.

We need both to rebuild Frog Lake the right way.

Support our young people.

Learn from our Elders.

Let their voices shape our direction.

7. Choose leaders who serve the people

Leadership should not be a title — it should be a responsibility.

Support leaders who:

- tell the truth
- share information
- protect the Nation's wealth
- unite the community
- listen to band members
- put the people first

This is how we break the cycle and bring in a new generation of leadership.

8. Help build a future for our children

Everything we do today — every change, every voice, every decision — is for the next generation. Our children deserve a Nation that is safe, strong, honest, and full of opportunity.

They deserve a Frog Lake where:

- every family thrives
- every youth has a path
- every Elder is respected
- every band member has a voice

When we act now, we protect them forever.

This is our moment.

This is the time where Frog Lake says:

“We are done with weakness. We are done with secrecy. We are done with being held back.”

We rise together.

We rebuild together.

We move forward together.

Every band member matters.

Every voice matters.

Every action matters.

Frog Lake becomes strong when the people decide to be strong.

And that decision starts today — with you.